



The Accredited Sleep Technologist Education Program (A-STEP) was developed by the American Academy of Sleep Medicine (AASM) to promote the standardization of sleep technologist education and training.

A-STEP is a two-step program which includes:

➔ **AASM A-STEP INTRODUCTORY COURSE:**

an 80-hour didactic course offered by an accredited A-STEP Introductory Course provider; and

➔ **AASM A-STEP SELF-STUDY MODULES:**

an online e-learning program taken while the technician completes on-the-job training through their employer.

A-STEP is ideal for technicians new to the field seeking to gain a comprehensive review of the skills needed to begin a successful career in the field of sleep technology and for those preparing for sleep technologist certification.



AMERICAN ACADEMY OF SLEEP MEDICINE

2510 North Frontage Road
Darien, Illinois 60561-1511



**Provide Valuable
Education to
Technicians In
Your Community**

www.aasmnet.org/astep

Accredited Sleep Technologist Education Program

**Take A-STEP in the
Right Direction...**



**Accredit your Facility as an
A-STEP Introductory Course Provider**

Take **A-STEP** in the Right Direction...

Accredit your Facility as an A-STEP Introductory Course Provider

Why Should your Facility Offer the AASM A-STEP Introductory Course?

A-STEP promotes field-wide standardized training for sleep technologists and equips those new to the field with the tools needed to excel in the sleep technology profession. By becoming a provider of the AASM A-STEP Introductory Course, your facility will have the opportunity to:

➔ Become the primary provider of sleep technologist training in your area, allowing you to identify top candidates when technologist positions open at your facility;

➔ Capitalize on your existing training program—many facilities already provide sleep technologist education that meet the standards of A-STEP accreditation... generate additional revenue at your facility by offering this training to other technicians in your community;

➔ Ensure that your technicians receive training that meet certification exam requirements;

➔ Contribute to the field of sleep medicine by increasing knowledge among the field's stakeholders and by improving the quality of care provided to patients with sleep disorders across the country.

What is the Process for AASM A-STEP Introductory Course Accreditation?

Facilities seeking AASM A-STEP Introductory Course accreditation must:

1. Meet the Standards of Accreditation.

There are several *A-STEP Standards of Accreditation* that a facility must meet to gain A-STEP accreditation. To review these standards, or access a sample course syllabus that may be helpful when developing a curriculum that meets the standards, visit the A-STEP website at www.aasmnet.org/astep.

2. Apply for Accreditation.

The A-STEP accreditation application includes four components:

1) application forms; 2) a self-assessment section that determines your compliance with the *A-STEP Standards for Accreditation*; 3) supplemental information that documents compliance with the standards; and 4) an application fee, varying depending on your center's membership status. Applications will be reviewed by the AASM sleep technologist issues committee, and a recommendation will be submitted to the AASM board of directors.

3. Receive Approval from the AASM Board of Directors.

The AASM board of directors grants accreditation for a term of two years to facilities that are determined to be in substantial compliance with the *A-STEP Standards for Accreditation*. Upon receiving accreditation, your facility will receive the designation of "A-STEP Provider" in addition to a professionally-developed marketing kit that includes customizable tools for promoting your program in your local community.

Learn More and Apply to Become a Provider at www.aasmnet.org/astep

QUESTIONS?

Contact the AASM - American Academy of Sleep Medicine

2510 North Frontage Road • Darien, IL 60561

Phone: 630-737-9700 • Fax: 630-737-9790 • E-mail: astep@aasmnet.org