

## AASM AT WORK

### Sleep Medicine

The AASM is leading the effort to make sleep medicine an independent medical specialty. The Academy is establishing fellowship training programs, encouraging center accreditation and developing a sleep medicine academic unit to enhance the specialty field in order to achieve this goal.

### Clinical Care

The AASM is the authoritative voice for clinical care. By defining and setting clinical policies, the Academy promotes high standards of practice for practitioners. Additionally, the AASM's accreditation standards ensure sleep facilities provide high-quality patient care.

### Advocacy

The AASM is the primary advocate of health policy and health economic issues important to sleep medicine. To achieve this, the AASM advocates for insurance reimbursement and promotes a public health message of good sleep.

### Education

The AASM is the preeminent resource for professional education in sleep medicine. The Academy offers members several educational opportunities, including the National Sleep Medicine Course, the Advanced National Sleep Medicine Course, the Annual Meeting and the peer-reviewed journal SLEEP, all of which present the most current scientific information.

### Research

The AASM provides members with the most important research in the field. Additionally, the Sleep Medicine Education and Research Foundation supports original research in the sleep medicine field through grants to young investigators.

# The AMERICAN ACADEMY OF SLEEP MEDICINE

The American Academy of Sleep Medicine (AASM) is a professional membership organization dedicated to the advancement of sleep medicine and related research. The Academy's mission is to assure quality care for patients with sleep disorders, promote the advancement of sleep medicine and provide public and professional education. The AASM achieves this mission by positioning sleep medicine as a medical sub-specialty, preserving and enhancing the specialty's ability to provide quality care for patients with sleep disorders, fostering the development of pre-clinical and clinical scientific knowledge and increasing public awareness.

Established in 1987, the American Academy of Sleep Medicine (formerly the American Sleep Disorders Association) is headquartered in Westchester, Ill. Today, the AASM is the largest professional medical association representing practitioners of sleep medicine and wakefulness. Although the field is multidisciplinary in origin and nature, the Academy serves as a common platform for professionals from a wide spectrum of backgrounds and specialties, including neurology, pulmonology, psychology, psychiatry, internal medicine, pediatrics and otolaryngology.

The AASM provides programs, information and services to more than 4,900 individual members and more than 500 center members, and advocates sleep medicine supportive policies in the medical community and the public sector. These programs and services include the sponsorship of educational forums, the establishment of practice parameters, the accreditation of sleep disorder centers and laboratories, and the development of products for professional and patient education.

The Academy's vision signifies a healthy society built on the premise that sleep medicine provides excellent healthcare, advances scientific knowledge and enhances the awareness of sleep as an important element for health, public safety and the quality of life. The vision has been and continues to be illustrated by the breadth of accomplishments realized throughout the history of the American Academy of Sleep Medicine.

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