



AASM CENTER ACCREDITATION FACT SHEET

Accreditation Resources

EDUCATIONAL OPPORTUNITIES

Accreditation Reference Manual

The *Reference Manual for Policies, Procedures, Documentation, and Reporting* is intended for utilization by centers as a guide to assist in the development of a Policies and Procedures Manual. The templates and protocols contained in this manual are suggested only, and may be used in whole or in part. The use of these specific documents is not required for accreditation by the AASM.

AASM Manual for the Scoring of Sleep and Associated Events

The *AASM Manual for the Scoring of Sleep and Associated Events: Rules, Terminology and Technical Specifications* provides a comprehensive and definitive reference for the evaluation of polysomnograms. The Manual is the result of an extensive review of the literature, analysis and consensus by task forces comprised of renowned sleep experts. It provides standard montages, electrode placements and digitization parameters. Building on the classic manual by Rechtschaffen and Kales, the new manual provides rules not only for scoring sleep stages but also for scoring arousals, respiratory events during sleep, movements during sleep and cardiac events. This publication is an essential resource for technologists as they perform and score polysomnographic recordings as well as the physicians who interpret them.

A-STEP

The American Academy of Sleep Medicine (AASM) helps sleep technology technicians enhance their professional education through the Accredited Sleep Technologist Education Program (A-STEP) Self-Study Modules. The modules confirm that technicians have a comprehensive understanding of the fundamentals of sleep technology.

Online Learning Center

The AASM offers a complete range of comprehensive engaging online courses and exams on the most current topics and practices in sleep. All educational resources available in the AASM Online Learning Center were developed and approved by leading clinicians, researchers and instructors in the field.

Board Review Course

This AASM course presents a comprehensive review of sleep medicine in preparation for the ABMS sleep medicine exam. The topics covered mirror the exam content areas and include a mixture of didactic sessions, case-based lectures and practice exams.



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AASM Inter-Scorer Reliability Program

Ensure that your center meets the *AASM Standards for Accreditation* for evaluating inter-scorer reliability or test the scoring ability of job applicants at your facility through this convenient, comprehensive online testing resource provided by the AASM.

A new set of 200 epochs will be posted every month. Staff at your facility will score the record sample and get immediate feedback comparing their scores to the AASM Gold Standard Scores. Additional reporting features allow your center administrator to monitor and compare exam results for every individual at your facility against each other as well as against other programs around the country.

The modules run in your internet browser—there is no need to download special scoring software!

Technologist's Handbook

Written in straightforward and accessible language, the *Technologist's Handbook* provides answers to your questions about the Manual, including step-by-step instructions for scoring stages and events. The *Handbook* includes many illustrations of the waveforms and patterns used in sleep scoring as well as a glossary of the terms. It serves as a comprehensive introduction to sleep scoring, a useful reference when questions arise, and a valuable resource for studying for the Board of Registered Polysomnographic Technologists™ examination

OTHER ITEMS TO CONSIDER...

- Accreditation FAQs are found within the accreditation section of the AASM website.
- Be sure to review the Accreditation Policies. They can be downloaded within the Online Application.
- All AASM Practice Parameters and Clinical Guidelines are available for free download at www.aasmnet.org.
- Email accreditation@aasmnet.org or call your accreditation coordinator with any questions or concerns that can't be resolved with these resources.